



Silverton

Sharks Newsletter

April

www.riverrockswimclub.com

WELCOME TO THE TEAM!

Welcome to the Silverton Sharks swim team! We look forward to sharing a great season with you. We are excited to see all the returning swimmers and we're thrilled to welcome many new Shark swimmers and families. Our goal for 2010 is to provide a positive summer swim team experience that is fun and rewarding for all swimmers. We also want to build community relationships in and around the River Rock pool. We have lots of fun events planned for the team this summer, starting with the Open House on



April 24th from 10am til 2pm. You can also look forward to some our favorite events like the Ice Cream Social and the 3rd Annual DJ party. If you have any questions about the Sharks, please contact us at swimteaminfo@riverrockswimclub.com and make sure you are signed on to our google group, <http://groups.google.com/group/silvertonsharks?hl=en>. The Sharks look forward to sharing a summer of swimming and community fun with you and your family.

REGISTRATION BEGINS APRIL 24th

This year all swim team registration will be online. Registration will begin at the Open House April 24th. More information will be coming from the pool owner.

2010 Swimmer Fees:

- ◆ \$100/first swimmer in each family
- ◆ \$80/second swimmer in each family
- ◆ \$70/any additional siblings

One Silverton Sharks swim latex swim cap will be given to each swimmer at registration.

Volunteer:

When you register for the swim team, each family will sign up for their required volunteer shifts to be performed during the 2010 swim season. Prior to registering for the team, we recommend that you read the volunteer job descriptions posted on the team's website to familiarize yourself with all the duties of each volunteer job.

As in the past, parents will need to volunteer for 3 meets. There are exceptions to this according to your child's age group they swim in. There will be more details on this when you register.

This year's volunteer sign up will be on line. That link will be provided at Swim Team registration.

Please be aware that no swimmer will be allowed to practice until their registration is complete. The team counts on you to treat your volunteer assignments as a responsible commitment that you made when you registered your child for the Sharks. We look forward to working with you in a positive and enthusiastic manner this summer. Thanks for all your help!

SWIM TEAM APPAREL

We will be sticking with the same suits as last summer. You will be able to order the suits at the Open House on April 24th or you can go directly to InsideOut sports located at:

InsideOut Sports
 Preston Walk Shopping Center
 (Corner of Cary Parkway and James Jackson Ave)
 2002 Grisdale Lane
 466-0101

There is a limited stock of sizes available, but additional sizes can be ordered. Please try to get these ordered before the Black & Blue meet, Tuesday, June 8th.

2010 Prices

Youth Boys (sizes 22-38): \$32.00

Adult Men (sizes 30-40): \$33.50

Youth Girls (sizes 22-28): \$49.50

Women (sizes 30-40) \$50.50



Adult



COACHES' CORNER by Coach Nick

On behalf of the coaches, I would like to formally welcome you to the 2010 swim season for the Silverton Sharks! After an amazing 5-1 finish to last year's season, I see so much potential in the team for this coming year. We have many returning families and I'm so pleased that you come back summer after summer to swim with us! For all of the new families, I am thrilled that you have decided to join us this year. I can't wait to see everyone again this April at the Open House. I am so excited about this season. I could not have asked for a better first year so we have a lot of work ahead of us to make sure this season tops last season. Thanks to our incredible season last year, there was talk to moving us up to Division II, but Dutchman Downs will be moving to Division II, leaving us at the top of Division III.

For those of you who have not met me my name is Nick Trueman and I am extremely excited to be back as the head coach of the Sharks this year! I am currently a 4th grade teacher at Fuller Elementary where I have been teaching for six years. I love my job and the excitement and joy it brings everyday. I currently live in Holly Springs with my wife Katie and our son (future shark) Jack. Swimming has always been a major part of

my life. I grew up with a pool in my backyard and quickly joined the local swim team at the age of five. I continued swimming year round through high school. After moving to Raleigh I started swimming on my own at the local gym before joining the Raleigh Masters swimming program. They had meets throughout North Carolina which I enjoyed traveling to once a month. It was the next season that I found my true passion, triathlons. Triathlons have been a great reason for me to continue swimming and to travel across the state. So I hope you are as excited about this summer as I am. I am a very competitive person and I am looking forward to having efficient, challenging and fun practices and to continue our winning season!

Feel free to contact me anytime,
NPTrueman@yahoo.com

See you soon,
 Nick Trueman

****Coach Annah will also be returning!!**

SWIM TEAM PRACTICE
Practice begins on Monday, May 17th!
Morning practice will begin on June 14th.
Schedule to be announced later.

2010 SWIM MEET SCHEDULE

June 8 - Black & Blue Time Trials

June 15 – Sunset Ridge at Silverton

June 22 – Silverton at Dutchman Downs

June 29 – Silverton at Kildaire Farms

July 6 - Devereaux at Silverton

July 13 – Silverton at Scotts Mill

July 20 – Cary Swim Club at Silverton

July 17 - Cary City Meet at Scottish Hills

GO SHARKS!!